



Volunteer Information for Heartside Gleaning's Good Food Program

In partnership with Mercy Health Saint Mary's, Heartside Gleaning will be providing a fresh food market weekly to individuals and families participating in nutrition education programs with The Hispanic Center of West Michigan, The National Kidney Foundation of Michigan, and Puertas Abiertas. Our vision is for a healthier community through increased access to healthy food.

Heartside Gleaning relies on a diverse network of core supporters, interns, and volunteers to assist in implementing the mission of the Initiative. Heartside Gleaning is looking for individuals that wish to contribute to their community and are interested in rethinking food systems and nutrition. There are several opportunities to become a part of the Initiative, from market set-up, unloading and reorganizing food, working with our recipients, and distributing nutrition handouts. We are happy to work with you to find a fulfilling volunteer or opportunity.

What: Setting up, running, and tear down of a fresh food market

Where: THE POTTER'S HOUSE ELEMENTARY SCHOOL at 810 Van Raalte Dr SW, Wyoming, MI 49509

When: Every Wednesday evening from approximately 4:00 p.m. to 6:30 p.m.

Contact: Genevieve Marry (Genevieve@heartsidegleaning.org)

Set up and tear down

Individuals will meet at Potter's House Elementary School and enter through the side door where the Heartside Gleaning van is parked. First time volunteers will receive a brief orientation. All volunteers will be assigned to tasks such as carrying produce crates, counting and sorting produce, setting up boxes and tables for the market and ensuring it remains stocked with produce, helping individuals pack each bag, distributing educational materials, or cleaning up after the market

Education

In coordination with staff, individuals will develop and design educational materials for weekly distribution in the food boxes.

Additional Notes:

- Being on-time and being able to stay for a minimum of 2-3 hours is important to our success.
- Many of these tasks may involve moving and lifting heavy boxes, up to 50 pounds.
- Food safety and sanitation is a priority and safe food handling practices will be observed at all times.

Please sign up HERE: <http://www.heartsidegleaning.org/volunteer-form.html>